

22 November 2019

Localised outbreaks of mumps across Auckland – notify and test

- There are clusters of mumps cases in Howick and Pakuranga and in the CBD and Ponsonby areas.
- The clusters include instructors working in community fitness centres and gyms across Auckland.
- Please notify all suspected mumps cases by faxing the [notification form](#) and take PCR buccal swabs.
- Please vaccinate known close contacts of a mumps case with MMR, even if over 30 years.
- The [public health clinical pathway](#) and Regional HealthPathways have been updated.
- There is now a GP [Mumps Whānau Pack](#) with information for cases and for cases to give to their close contacts.
- Only non-immune close contacts who are children, students and those working in health or education need to be quarantined.
- All other close contacts should watch for symptoms and get vaccinated if possible. They can continue life as normal unless they develop symptoms of illness.

Mumps - change of response

With the increase in mumps cases over the last few weeks, ARPHS is stepping up its response. It will now focus on managing the rising number of clusters of cases.

There is a new [clinical pathway](#) and Regional HealthPathways have been updated.

Here are the key points:

- Please notify ARPHS using the updated [notification form](#).
- Please test all suspected cases with a PCR buccal swab from 0-10 days of parotitis onset. Add in mumps serology from days 6 – 10.
- Please give cases the [Mumps Whānau Pack](#) and fill in infectious period dates in the *Information for People with Suspected Mumps*.
- Provide copies of the *Information for Close Contacts Exposed to Mumps* in the pack for the case to give to friends and family if **MUMPS IS CONFIRMED**.
- Please let the case know the results of the test and remind them to advise close contacts, especially those attending educational or healthcare organisations.

There is a [mumps quarantine calculator](#) on the ARPHS mumps website page along with other resources for cases and contacts.

Please continue to promote MMR vaccination, given the region's [vaccine priorities](#). Those under 30, teachers and close contacts of a mumps case are considered priorities.