

23 July 2019

Seasonal increase in meningococcal disease in the Auckland region

- The winter rise in meningococcal disease has begun.
- There have been 30* cases in the Auckland region so far this year, with more than half of these being reported since June. No outbreaks have been identified.
- Please be vigilant for the signs and symptoms of this disease. Assessment and management advice is available on the [Auckland Regional HealthPathways](#) website.

Seasonal increase in meningococcal disease in Auckland

- Please be vigilant for meningococcal disease now that the 'season' has started.
- There have been 30* cases in the Auckland region so far this year, with more than half of these being reported since June. There have been no outbreaks identified in our region.
- Infants and young children are particularly vulnerable and their signs/symptoms are often non-specific.
- To date, the majority of cases in Auckland have been caused by group B strains of the disease. However, there have also been confirmed cases of MenW.
- Visit the [Auckland Regional HealthPathways website](#) for information and advice on the assessment and management of meningococcal disease.
- Auckland Regional Public Health Service will continue to monitor the situation and update health professionals as appropriate.

**Please note this figure was revised down from 31 after this HPA was first issued.*